

Meadows Leisure Centre

Mon to Fri: 6.30am - 10.00pm
Sat & Sun: 8.00am - 5.00pm

activefitness

Timetables subject to change Version 2.
Commences on 01.04.24

Hall Lane, Maghull, Liverpool, Merseyside L31 7BB. Tel: 0151 288 6727

main pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-12:00 Public Swim	6:30-12:00 Public Swim	6:30-12:00 Public Swim	6:30-12:00 Public Swim	6:30-12:00 Public Swim	8:30-17:00 Public Swim	8:30-15:00 Public Swim
6:30-8:30 £2 Swim over 60s	8:00-9:00 Calm Waters	6:30-8:30 £2 Swim over 60s	8:00-9:00 Calm Waters	6:30-8:30 £2 Swim over 60s	8:30-12:00 Lessons (2 Lanes)	8:30-12:00 Lessons (2 Lanes)
12:00-13:00 Adult Only (2.5 Lanes)	9:00-12:00 Public Swim	12:00-13:00 Adult Only	12:00-13:00 Adult Only (2.5 Lanes)	12:00-13:00 Adult Only	12:00-14:30 Swimming Club (3 Lanes)	15:00-17:00 Swimming Club (All Lanes)
12:15-13:00 Aqua Fit (2.5 Lanes)	12:00-13:00 Adult Only	13:00-20:00 Public Swim	12:00-13:00 £2 Swim over 60s	13:00-20:00 Public Swim		
13:00-19:00 Public Swim	12:00-13:00 £2 Swim over 60s	15:00-19:15 Lessons (2 Lanes)	12:15-13:00 Aqua Fit (2.5 Lanes)	15:00-19:15 Lessons (2 Lanes)		
15:00-19:00 Lessons (2 Lanes)	13:00-20:00 Public Swim	20:00-21:00 Calm Waters Adult Only	13:00-19:00 Public Swim	20:00-21:00 Adult Only		
19:00-21:00 Swimming Club (All Lanes)	15:00-20:00 Lessons (2 Lanes)	21:00-22:00 Tri Club (2 Lanes)	15:00-20:00 Lessons (2 Lanes)	20:00-21:00 Tri Club (1 Lane)		
21:00-22:00 Tri Club (2 Lanes)	20:00-20:45 Aqua Fit	21:00-22:00 Adult Only	19:00-21:00 Swimming Club (All Lanes)			
21:00-22:00 Adult Only	20:45-21:45 Adult Only		21:00-22:00 Adult Only			

learner pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-9:00 Public Swim	6:30-9:00 Public Swim	6:30-9:00 Public Swim	6:30-9:00 Public Swim	6:30-9:00 Public Swim	12:00-17:00 Public Swim	12:00-15:00 Public Swim
12:00-13:00 Swim & Splash (Families Only)	12:00-13:00 Swim & Splash (Families Only)	12:00-13:00 Swim & Splash (Families Only)	12:00-13:00 Swim & Splash (Families Only)	12:00-13:00 Swim & Splash (Families Only)		
	19:15-20:00 Public Swim	19:15-20:00 Public Swim		19:00-20:00 Public Swim		

More information at www.activeseftonfitness.co.uk, at reception or call on 0151 288 6727

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MORE THAN JUST A GYM

One membership. Six locations.

Bootle Leisure Centre
Crosby Lakeside
Dunes Splash World

Litherland Sports Park
Meadows Leisure Centre
Netherton Activity Centre

active sefton

Sefton Council