

Dunes Splash World

Monday to Friday: 7.00am - 10.00pm
Saturday and Sunday: 9.00am - 4.00pm

activefitness

Timetables subject to change Version 1.
Commences on 28.10.24-01.11.24

Esplanade, Southport PR8 1RX. Tel: 01704 537160

October Half Term: Monday 28th - 1st November 2024

main pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-19:00 Public Swim	7:00-19:30 Public Swim	7:00-19:30 Public Swim	7:00-19:30 Public Swim	7:00-21:30 Public Swim	12:00-16:00 Public Swim	9:00-16:00 Public Swim
9:00-10:00 Calm Waters	9:00-10:00 Calm Waters	9:00-10:00 Calm Waters	9:00-10:00 Calm Waters	9:00-10:00 Calm Waters	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash
10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash		
12:00-14:00 Adult Swim	12:00-14:00 Adult Swim	12:00-14:00 Adult Swim	12:00-14:00 Adult Swim	12:00-14:00 Adult Swim		
14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash		
19:00-20:00 Ladies Calm Waters	21:00-22:00 Adults Only	20:30-22:00 Calm Waters	21:00-22:00 Adults Only	20:00-21:30 Calm Waters		

Swim & Splash: Disco music and lighting

Calm Waters: Calming music and gentle lighting

£2 Swim: For over 60's and under 16's (term time only)

learner pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	10:00-12:00 Swim & Splash	12:00-16:00 Public Swim	9:00-16:00 Public Swim
14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash

More information at www.activeseftonfitness.co.uk, at reception or call on 01704 537 160

activefitness



MORE THAN JUST A GYM

One membership. Six locations.

Bootle Leisure Centre

Crosby Lakeside

Dunes Splash World

Litherland Sports Park

Meadows Leisure Centre

Netherton Activity Centre

active sefton

Sefton Council